

SOCIAL PRESCRIBING

Information morning

Come along and see how social prescribing can help you

Your local Community Connector can help you with issue such as

- Social isolation and loneliness
- Welfare benefits and financial support
 - Emotional wellbeing
 - Healthy lifestyle choices
- Arts, culture and creative activities
- Life changing events such as birth, retirement, bereavement
 - Long term health conditions
 - Loss of confidence/purpose

WEDNESDAY MORNING 29TH SEPTEMBER

FRAMLINGHAM MEDICAL PRACTICE

