

Using your Health Data for Planning and Research

Information about your health and care helps the NHS to improve your individual care, speed up diagnosis, plan your local services and research new treatments.

It can also help research organisations to explore new treatments or make discoveries.

You can decide that you do not want your information to be used in this way and there are two main options;

OPTION 1: Opting out of the GP Data for Planning and Research (GPDDR). Formally known as GPES.

This means you don't want your data to be extracted from your GP clinical system and used for Planning and Research Purposes. You can opt out at any time but opting out before the end of August 2021 will mean your data is not extracted by the new process. Opting out after that date will mean that no further extractions will occur.

How do I Opt Out?

To opt out of option 1 just contact your GP practice by phone, email or post and let us know.

OPTION 2: Opting out of the NHS Digital using or sharing your health data (held by any provider, not just your GP), for Planning and Research purposes.

This means data can go to NHS Digital for their lawful purposes but cannot be shared with organisation beyond NHS Digital for research and planning purposes.

<https://www.nhs.uk/your-nhs-data-matters/>

How do I Opt Out?

To opt out of option 2 you can;

Call: 0300 303 5678

Monday to Friday 9:00 –17:00

Write: National Data Opt Out

Contact Centre

NHS Digital

HM Government

7 and 8 Wellington Place

Leeds

LS1 4AP

Email: enquiries@nhsdigital.nhs.uk

Online: <https://www.nhs.uk/your-nhs-data-matters/manage-your-choice/>